词曲 / 制作 / 监制：温金华  
编曲：John Kuek  
动画 / 录像剪接：Yusuf Efendi   
主唱：树仁小学  
特别鸣谢：  
李光耀双语基金  
温金华工作室

**我长大了我长大了**

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**自己洗脸刷刷牙** [zì](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=zi4) [jǐ](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ji3) [xǐ](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=xi3) [liǎn](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=lian3) [shuā](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=shua1) [shuā](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=shua1) [yá](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ya2)

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**自己冲凉梳头发** [zì](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=zi4)[jǐ](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ji3) [chōng](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=chong1) [liáng](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=liang2) [shū](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=shu1) [tóu](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=tou2) [fa](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=fa5)

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**自己穿衣穿鞋袜** [zì](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=zi4)[jǐ](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ji3) [chuān](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=chuan1) [yī](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=yi1) [chuān](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=chuan1) [xié](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=xie2) [wà](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=wa4)

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**自己的事自己做吧** [zì](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=zi4)[jǐ](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ji3) [de](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=de5) [shì](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=shi4) [zì](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=zi4) [jǐ](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ji3) [zuò](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=zuo4) [bā](http://www.purpleculture.net/pinyin_pronunciation/?pinyin=ba1)

**Verse Two - repeat Verse 1**

**La LaLa… La LaLa… La LaLa…**

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**(自己的事自己做吧 )**

Composer / Lyricist: Richard Wan  
Music Arranger: John Kuek  
Video Editor: Yusuf Efendi  
Special Thanks To:  
Lee Kuan Yew Fund For Bilingualism  
Angsana Primary School  
VVM Enterprises

I’ve grown up, I’ve grown up

(I can) wash (my) own face and brush (my) own teeth

I’ve grown up, I’ve grown up

(I can) shower myself and comb (my) hair

I’ve grown up, I’ve grown up

(I can) put on (my) own dress and shoes and socks

I’ve grown up, I’ve grown up

I can do things myself

I’ve grown up, I’ve grown up

I can do things myself